

WAIVER

By signing this, I assume all risks of participation. My signature on this entry releases all sponsors or individuals from any and all liability which may result in/from this event.

SIGNATURE: _____

PRINTED NAME: _____

DATE: _____

IF PARTICIPANT IS UNDER 18 YEARS OF AGE, SIGNATURE OF PARENT OR GUARDIAN IS REQUIRED.

EMERGENCY CONTACT

NAME: _____

PHONE: _____

All fees are non-refundable.
Race will be held rain or shine.
No deferred date.

Questions?

Email 5k@diamondpharmacy.com

Web: www.diamonddrug.com/5k

RACE DAY INFO

Stay around after the race and bring some cash!

Music

Free Snacks

Burgers & Hot Dogs

Basket Raffle

Kids Activity Tent

*All proceeds from activities will be donated to ICCAP



COURSE INFO

Course: Relatively flat
Registration on day of event:
8:00 am- 9:30 am
Race start time: 10:00 am



Walkers are welcome, but there is no separate timing.



Benefiting ICCAP



MAY 16th, 2020
BLUE SPRUCE PARK
INDIANA, PA



HELPING OUR COMMUNITY WITH EVERY STEP 5K RUN 2020



REGISTRATION FORM

All participants must complete the following information:

**Want to skip the paper?
ONLINE SIGN UP IS AVAILABLE AT**

<https://runsignup.com/Race/PA/Indiana/DiamondDrug5k>

***note that a convenience charge applies**

Name: _____

Gender: M/F Age on event day: _____

Address: _____

Phone: _____

Email: _____

About the Race Beneficiary, ICCAP:

The Indiana County Community Action Program (ICCAP) provides programs aimed at helping low-income families and individuals attain self sufficiency.

Services Include:

- Food Distribution Programs
- Housing Programs/
Rental Assistance
- Energy Programs
- Pathway Homeless Shelter
- Power Pack Program
- And Much More!



For more information, please visit www.iccap.net, or email Michelle Faught, Executive Director at mfaught@iccap.net.

AWARDS & AGE GROUPS

Top 3 male and female runners overall will receive a trophy. Prizes will also be awarded to the top male and female runner in **each age division** listed below.

| | |
|--------------|-------------|
| 12 and under | 40-49 |
| 13-19 | 50-59 |
| 20-29 | 60-69 |
| 30-39 | 70 and over |

RACE AWARDS PROVIDED BY:

Luxenberg's
WE ARE...Indiana's Jeweler!

Pre-Registration: \$20.00

Registration Day of Event: \$25.00

****Register by Thursday, April 16th, 2020 to be guaranteed a t-shirt.**

T-shirt is a Dri-Fit/Performance Tee
PLEASE SELECT YOUR T-SHIRT SIZE:

___ XS ___ S ___ M ___ L ___ XL
___ 2X ___ 3X

Please make checks payable to:
Diamond Drugs, Inc.

Mail to:

**645 Kolter Drive, Attn: 5k
Indiana, PA 15701**

TO COMPLETE REGISTRATION:

**Waiver on the reverse side
MUST be signed.**